

# **DR.GARIMA SARAWGI**

## **CV.**

## Dr. GARIMA SARAWGI

MBBS(Gold medal) MS (General Surgery, Gold Medal), MCH (Surgical Oncology, Gold Medal)

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A performance driven professional, To Serve & Contribute back to the society. Consultant **Surgical Oncologist at Apollo Cancer Centres, American Oncology Institute Bhubaneswar and South Point Hospital, Cuttack, Odisha.** Treated more than 5000 patients free of cost since day on working.

Location: Bhubaneswar

### CORE COMPETENCIES

Operating All Types Cancers. Oncology Patient Care and Support Therapeutic Regimen, Planning Pain Management & Medication Administration Chemotherapy Treatment Mgmt. Lab Test Interpretation Patient and Family Counselling Alternative Treatment Methods Case Study & Presentation

- A Service goal-oriented professional, providing free and best treatment for cancer patients with **11 years of experience post MBBS.**
- Possess an apt knowledge in the management of various cancers
- Emerged as University Topper in MBBS, MS and MCH
- Acquired rich skills in working as Assistant Professor basis post- graduation academics, teaching in operation theatres and publications of various research papers.
- Proficient in providing the ultimate level of healthcare solutions on timely, refined and correct diagnosis parameters
- Skilled in Surgical Oncology for cancer care that focuses on surgery to diagnose, stage and treat cancer and manage some cancer-related symptoms
- Experienced in performing surgical procedures for many types of cancer, including advanced and complex tumours.
- An effective communicator with strong analytical, coordination, leadership & relationship skills; possess excellent team development skills through consensus building, promotion of teamwork spirit

### PROFILE SUMMARY

#### ACADEMIC DETAILS

- **2021:** MCH (Surgical Oncology) from Vydehi Institute of Medical Sciences, RGUHS, Bangalore.
- **2017:** MS (General Surgery) from HMCH, Utkal University, Bhubaneswar

- **2011:** MBBS from NRSMCH, Kolkata

#### ORGANISATIONAL EXPERIENCE

#### Key Result Areas:

##### Aug'18 – Aug'21 with VIMS, Bengaluru as Senior Resident, Surgical Oncology

- Operating all major and minor oncology cases. Proficient knowledge in all cancers, with brilliant surgical skills.
- Working with patients to explain a diagnosis and stage of cancer, discuss treatment options, and assist in managing the side effects and symptoms of cancer and its treatment
- Coordinating treatment plans and prescribing various types of treatment, including chemotherapy and immunotherapy
- Treating patients with radiation therapy
- Assisting patients with pain management
- Performing surgical operations to remove tumors; determining whether cancer has spread from original starting point
- Using palliative surgeries to control pain, increase your comfort level and improve your quality of life

#### Highlights:

##### Sep'17 – May'18 with HMCH, Rourkela as Senior Resident, General Surgery Jul'14 – Jun'17 with HMCH, Bhubaneswar as Resident, General Surgery

- I have performed all major open, many laparoscopic oncology procedures independently and also as apart of our team. I have been regular in post graduation academics, teaching in operation theatre and publications of papers.
- As Mch Surgical Oncology Senior Resident at Vydehi cancer centre, which is a part of VIMS & RC, and boasts of a prodigious oncology 300 bedded department. It has all three divisions of Oncology. Surgical Oncology Department is equipped with expert doctors, state-of-the-art operation theatres, Laparoscopy, Hipec, sealing devices and other latest facilities. Hospital also has Post graduation course in surgical Oncology running since 2014 and is NABH accredited.
- We also had tumour board meetings along with Medical and Radiation Oncology in which I have been active in decision making. I was actively involved in the formation of departmental protocols in the management of cases.
- Worked under supervision of the eminent Oncosurgeons of Odisha for 6 months prior to Mch; learned complex surgical procedures
- Managed various patients in General Surgery, plastic surgery (trauma, burns, aesthetic surgery, liposuction & reconstructive surgeries), GI surgery, hepatobiliary surgeries, neurosurgery, urology, paediatric surgery and oncosurgery (head and neck, breast, GI and other varieties) at HMCH, Utkal University, Bhubaneswar

#### RESEARCH PROJECT SURGERY.

- **Title:** Role of Immunomodulatory Drugs (Levamisole & Ranitidine) in management of Post-Operative Colorectal Carcinoma during MS general Surgery.

#### PUBLICATIONS DURING MCH AND MS

- **CERVICO-FACIAL FLAP:** A versatile option among various reconstructive options for skin defects in parotid surgery-our experience in a tertiary care center. International journal of otorhinolaryngology
- Glomus Caroticum-Our experience in a tertiary care center. JEBMH.Vol-7, Issue-32, Aug 10, 2020
- Image Guided management of various liver abscess. Annals of International Medical and Dental Research, Vol-4, Issue 1, pg 55-62, December-2017
- Splenic Injuries and Clinical Analysis JEBMH, Vol-4, issue-81, Pg 4792-4796
- Superficial and Intermediate Cervical Plexus Block for neck dissection in patients with high risk of general anaesthesia. Journal of anaesthesia and critical care, Vol-3, Issue-2, Oct 27, 2015

#### POSTER & PAPER PRESENTATIONS

- Abdominal Cocoon, Task Made Easy with Hydrodissection, Case Series of 7 Patients, 32nd Annual Conference of ASI, Odisha Chapter, Bhubaneswar in 2017 - Dr. Garima Sarawgi & Dr. S. Pattnaik
- Case of Fungating Huge Right Chest Mass- Atypical Soft Tissue Sarcoma – Case Report, 32nd Annual Conference of ASI, Odisha Chapter, Bhubaneswar in 2017 - Dr. Garima Sarawgi

- Multidisciplinary Step-up Management for Necrotizing Fasciitis – 10 Case Series, 31st Annual Conference of ASI, Odisha Chapter in 2016 - Dr. Garima Sarawgi
- Fluid Management in Patients after GI Anastomosis, Fresh Outlook, 31st Annual Conference of ASI, Odisha Chapter, Bhubaneswar in 2016 - Dr. Garima Sarawgi & Dr. J.S. Mohapatra
- An Unusual Swelling in the Parotid Region- Case Report, ASI, ASICON, Gurgaon in 2015 - Dr. Garima Sarawgi
- Role of UGIE in 90 Cases of Dyspepsia – An Untold Story, ASI-ASICON, Gurgaon in 2015 - Dr. Garima Sarawgi
- A Giant Perianal Cauliflower Like Lesion; An Unusual Case, Annual Conference of ASI, ASICON, Hyderabad in 2014 - Dr. Garima Sarawgi & Dr. S. Pattnaik
- Laparoscopic Port Site Infections, 7th National Conference of Society of Endoscopic and Laparoscopic Surgeons of India, Bhubaneswar in 2014 - Dr. Garima Sarawgi & Dr. S. Pattnaik

#### AWARDS

- Awarded as the emerging icon in oncology. SAARC 2022.
- Awarded National AWARDS for providing services to community. 2022
- Corona Warrior in the state In October 2021
- Bagged Certificate of Excellence - National breast cancer foundation for "Breast Cancer Awareness programme" 2020
- International association of Oncology - professional Membership from 23rd April to - 31st December 2021 for "Conducting webinars - Bhubhaneshwar chapter. "
- Multiple News Paper publications and Momento from State of Jharkhand- for " Cancer awareness programme" Sept 2020
- Participant of India's next Shushurata 2020
- Attended IAO-International association of Oncology – 18th March 2021 Current Advances in Breast Cancer - 5 mins talk on "Radio Ocult Lesion Localisation in Breast

#### o Institute Gold Medal in MCH Surgical Oncology in 2021

#### o Dr.Kashinath Memorial University Gold Medal, MS General Surgery during MS in 2017 o Best Candidate in Surgery during MBBS in 2010

#### o Gold medal in Anatomy during MBBS in 2005

- Received:  
The 'Best Post Graduate Student' & Certificate of Merit in the University during MS General Surgery in 2017
- 1st Prize in TYSA Quiz, ASI East Zonal CME, Kolkata in 2017
- 1st Prize for best paper presentation in ASICON, Gurgaon in 2015.
- 3rd Prize Best E-Poster ASICON, Gurgaon in 2015

#### INTERNSHIP

- During MBBS | Organisation: NRSMCH, Kolkata
- Conducted clinical assessment of patients and their management in all aspects of medicine at NRSMCH, Kolkata

#### PROFESSIONAL AFFILIATION

- Association of Surgeons of India (Membership No. AL24021)
- Indian Association Of Surgical Oncology (Membership No.SO256)
- International Association Of Oncology. Professional Membership.

#### WORKSHOPS & CONFERENCES ATTENDED as moderator.

- RCC PG QUEST 2020 – 8 WEBINARS
- IASO PG MASTERCLASSES SERIES – 18 National webinars 2020 Sept till June 2021
- Indian Anti-Cancer Trust - Delegate – Breast Cancer Management-23rd April 2021
- TMH PG Teaching Programme 24-25th April 2021
- HCG Academic webinar 2020 & 2021
- MID NATCON – TIRUPATI- 28 FEB – 1ST MARCH 2020
- IAO-International association of Oncology – 18th March 2021 Current Advances in Breast Cancer - 5 mins talk on "Radio Ocult Lesion Localisation in Breast
- Basic Life Support Training, VIMS, 2019
- ENDOSURG 2017, International Minimal Access Surgery Conference CME & Live Workshop, AIIMS, New Delhi in 2017
- Essential Pain Management Instructor Workshop, Bhubaneswar in 2017
- Surgery Update 2016, National CME, New Delhi in 2016
- Basic Life Support & Emergency Management CME and Workshop, Bhubaneswar in 2016
- 30th Annual Conference of ASI Odisha Chapter, Cuttack in 2015
- Surgery Update 2015, National CME, MAMC New Delhi in 2015
- Laparoscopic Knotting, Suturing & Training Programme IAGES Cuttack in 2015
- Critical Surgery Update 2014, TMH Jamshedpur in 2014
- Health Management of Information System, Health Economics and Medical Audit, Bhubaneswar in 2014
- Trends of Diabetes in Modern Lifestyle and its Prevention CME, BBSR in 2016
- Mid-term Conference and CME ASI Odisha Chapter Bhubaneswar in 2015
- National Update on Clinical Diabetes NUCD 2014 Bhubaneswar in 2014

#### PERSONAL DETAILS

##### Date of Birth: Languages Known: Address:

09-09-1984  
English, Hindi, Oriya, Bengali, Telugu  
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